

Out to Lunch & Catering Ltd.

2442 – 23 Avenue NE
Calgary, Alberta T3E 1J4
Web: outtolunchandcatering.com

Phone 403.769.0073
Fax 403.769.0074
Email: out2lunch@live.ca

LUNCH MENU

Luncheon Platters – All Trays

Small 6 – 10 people

Medium 10 – 20 people

Large 20 – 30 people

- Fruit Tray** – an assortment of seasonal fruit
Small..... \$40.00 Medium\$60.00 Large..... \$80.00
- Vegetables & Dip** – a healthy platter of assorted vegetables served with ranch dip
Small..... \$40.00 Medium\$60.00 Large..... \$80.00
- Cheese & Cracker Tray** – a selection of traditional and European cheeses and assorted crackers
Small..... \$40.00 Medium\$50.00 Large..... \$60.00
- Fruit and Cheese Combo** – An assortment of cubed cheeses with seasonal fruit
Small..... \$50.00 Medium\$70.00 Large..... \$85.00
- Cold Meat Tray** – An assortment of meats with a pickle garnish
Small..... \$60.00 Medium\$70.00 Large..... \$90.00

Deli Style Sandwiches & Wraps

Served on a variety of breads: multigrain, marble rye, linseed, onion buns, pita, croissants & wraps. Choice of fillings: ham, Montreal smoked meat, smoked turkey, roast beef, chicken breast, egg salad, tuna salad, salmon salad, chicken salad & vegetarian. All sandwiches topped with an assortment of tomatoes, lettuce, sprouts and cheese with a pickle garnish. Choice of mayo, mustard and assorted dressings.

1 sandwich &/or wrap per person **\$5.25**

1 ½ sandwich per person..... **\$7.50**

Luncheon Combos

- 1) Soup & Sandwich Combo
An assortment of deli style sandwiches & wraps served with a bowl of home made soup \$9.95 per person
- 2) Sandwich & Salad Combo
An assortment of deli style sandwiches & wraps served with tossed or caesar salad \$9.75 per person
- 3) Boxed Lunches
One sandwich with a piece of fruit, a baked cookie & a beverage \$11.95 per person

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Salads (minimum 8 per order)

- 1) **Tossed Salad** – Fresh garden greens with choice of dressings
..... \$3.75 per person
- 2) **Caesar Salad** – crisp bacon pieces, croutons, mozzarella & parmesan cheese
..... \$4.25 per person
- 3) **Spinach Salad** – tomatoes, cucumbers, slices of purple onion, eggs, almonds & feta cheese
..... \$4.75 per person
- 4) **Traditional Chef's Salad** – slices of egg, turkey, ham, grated cheese & fresh veggies on a bed of crisp romaine lettuce
..... \$5.50 per person
- 5) **Marinated Vegetables** – in a zesty Italian dressing
..... \$5.25 per person
- 6) **Macaroni & Tuna Pasta Salad** – macaroni salad with a twist
..... \$3.50 per person
- 7) **Potato Salad** – chunks of potato, egg & vegetables in a creamy dressing
..... \$3.50 per person
- 8) **Three Bean Salad** – old fashioned favourite in a vinaigrette dressing
..... \$3.50 per person
- 9) **Bacon Pesto Pasta Salad** – tri-colored rotini with crisp bacon pieces, tomato & onion with our special dressing
..... \$3.50 per person
- 10) **Cucumber Dill Salad** – rotini pasta with chunks of cucumber, tomato & onion in a sour cream dressing
..... \$3.50 per person

SOUP - Homemade fresh soups from our kitchen

- Served with crackers \$4.50 per person
Minestrone, Chicken Orzo, Beef Barley, Tomato Basil with Tortellini,
Italian Wedding, Cream of Broccoli & Cheddar
- Additional roll..... \$0.50 per person

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Hot Lunch Entrees(minimum 8 per order)

1. **Chicken or Beef Pot Pie** – served with Kaiser Bun..... \$11.95 per person
2. **Ukrainian Dish** – perogies topped with grated cheese, cabbage rolls and sausage served with dinner roll, butter & sour cream..... \$12.95 per person
3. **Shepherds Pie** – served with garlic bread \$10.25 per person
4. **Cannelloni** (2 each of cheese or veal) served with garlic bread \$10.95 per person
5. **Lasagna** (meat or vegetarian) served with garlic bread \$10.95 per person
6. **Chicken Fettucini Alfredo** served with dinner roll & butter .. \$9.95 per person
7. **Baked Cheese Tortellini** served with garlic bread..... \$10.95 per person
3. **Chili** topped with grated cheese and served with a Kaiser bun \$9.75 per person
9. **Burgundy Beef** - tender chunks of beef with onions, mushrooms & carrots in a red wine sauce. Served with crusty bread & butter \$12.95 per person
10. **Parmesan Chicken Breast** – a chicken breast baked in a special parmesan sauce served with seasonal vegetables and rice pilaf \$14.95 per person

Desserts

1. **Dessert Tray** – an assortment of squares, rice squares, puffed wheat, marshmallow peanut butter squares, nanaimo bars, carrot cake, butter tarts (2 each) \$3.00 per person
2. **Cherry Cheese Cake** with cherry or blueberry topping (1 piece per person) \$4.75 per person
3. **Burnt Grapes** – a bowl of grapes in a yummy sour cream & butterscotch sauce. To die for! \$4.25 per person

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Beverages

1. **Coffee or Tea**\$1.75 per person
Herbal Tea\$2.25 per person
2. **Bottled water**\$2.00 each
3. **Juice** – orange, apple, grapefruit, cranberry\$2.00 each
4. **Canned Pop** – regular or diet\$1.50 each
5. **Milk** – white or chocolate\$2.00 each
6. **Assorted Drinks** – variety of juice, pop, water\$1.75 each

**All orders (include plates, cutlery & napkins) are subject to 5% GST
and \$15.00 delivery fee.**

\$15.00 Chafer pan fee (required for hot orders)

24 HOUR CANCELLATION NOTICE REQUIRED

WE TAKE VISA, MASTERCARD, DEBIT AND CASH.
PLEASE MAKE PAYMENT ARRANGEMENTS AT TIME OF ORDER.